

THE FACTORY CLASS SCHEDULE

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------|--------------------------------|-------------------------------|--------------------------------|-------------------------------|--------------------------------|----------------------|
| 9AM | | | | | MINDFULNESS YOGA 9AM-10AM | |
| 10AM | | | | | TFBC 10AM-11:30AM | TFBC 10AM-11:30AM |
| 11AM | | | | | | |
| 12PM | | | | | | |
| 1PM | | | | | | |
| 2PM | | | | | | |
| 3PM | | | | | | |
| 4PM | | YOUTH JIU JITSU 4:15PM-5PM | | YOUTH JIU JITSU 4:15PM-5PM | | |
| 5PM | TFBC 5PM-6:30PM | JUNIOR JIU JITSU 5PM-6PM | TFBC 5PM-6:30PM | JUNIOR JIU JITSU 5PM-6PM | TFWC 7PM-8:30PM | |
| 6PM | | TFBC CONDITIONING 6PM-7PM | | TFBC CONDITIONING 6PM-7PM | | |
| 7PM | IMPACT JIU JITSU 7PM-8:30PM | TFWC 7PM-8:30PM | IMPACT JIU JITSU 7PM-8:30PM | TFWC 7PM-8:30PM | IMPACT JIU JITSU 7PM-8:30PM | |
| 8PM | | | | | | |
| 9PM | | | | | | |